

Hear today. Hear tomorrow.

Patient Questionnaire

Patient Name _____ Date _____ / _____ / _____
MM DD YYYY

Equilibrium disorders may appear with a variety of symptoms. Some individuals may experience dizziness or vertigo while others may have imbalance or unsteadiness. Please spend a few minutes answering the questions regarding your history and symptoms. Answer the questions to the best of your ability but please be assured that how you answer will not affect your evaluation.

How or when did your problem first occur? _____

How long did it last? _____

I. Do you experience any of the following sensations? Please read the entire list first. Then put an "x" in either the first box for YES or the second box for NO to describe your feelings most accurately.

- YES NO Do you experience motion sickness, airsickness or seasickness?
- YES NO Did you have motion sickness as a child?
- YES NO Do you have a family history of motion sickness? parent? sibling? child?
- YES NO Do you have migraine/headaches?
- YES NO Were you exposed to any solvents, chemicals, etc.?
- YES NO Did you have any injuries to your head? When? _____
- YES NO If you received a head injury, were you unconscious?
- YES NO Have you ever had a neck injury?
- YES NO Have you ever fallen? How many times? _____
- YES NO Where? Inside the home? _____ Outside the home? _____
- YES NO Are you afraid of falling?
- YES NO Do you take any medications regularly? (e.g., tranquilizers, oral contraceptives, barbiturates, antibiotics, thyroid) List them _____
- _____
- YES NO Do you use alcohol?
- YES NO Do you smoke? How much? _____

II. If you have dizziness, please check the box YES and fill in the blank spaces. If you do not experience dizziness, please go to the next section (III).

- YES NO My dizziness is constant? If you answered yes, please go to section III.
- YES NO My dizziness comes in attacks? How often? _____
- YES NO Are you completely free of dizziness between attacks?
- YES NO Do you have any warning that the attack is about to start?
- YES NO Is the dizziness provoked by head/body movement? If so, which direction? _____
- YES NO Is the dizziness worse at any particular time of the day? If so when? _____

- YES NO Does anything stop your dizziness or make it better? What? _____
- YES NO Does anything make your dizziness worse? What? _____
- YES NO Do you know what will precipitate an attack? What? _____
- YES NO Do you know any possible cause of your dizziness? What? _____

III. Do you experience any of the following sensations? Please read the entire list first then check the box for either YES or NO to describe your feelings most accurately.

- YES NO Lightheadedness?
- YES NO Swimming sensation in the head?
- YES NO Blacking out or loss of consciousness?
- YES NO Objects spinning or turning around you?
- YES NO Sensation that you are turning or spinning inside, with outside objects remaining stationary?
- YES NO Tendency to fall...to the right or left?
- YES NO Tendency to fall...forward or backward?
- YES NO Loss of balance when walking...veering to the right?
- YES NO Loss of balance when walking...veering to the left?
- YES NO Do you have trouble walking in the dark?
- YES NO Do you have problems turning to one side or the other?
- YES NO Nausea or vomiting?
- YES NO Pressure in the head?

IV. Have you ever experienced any of the following symptoms? Please check the box for either YES or NO and circle if Constant or if in Episodes.

- | | | | |
|--|-------------------------------------|----------|-------------|
| <input type="checkbox"/> YES <input type="checkbox"/> NO | Double vision? | Constant | In Episodes |
| <input type="checkbox"/> YES <input type="checkbox"/> NO | Blurred vision or blindness? | Constant | In Episodes |
| <input type="checkbox"/> YES <input type="checkbox"/> NO | Spots before your eyes? | Constant | In Episodes |
| <input type="checkbox"/> YES <input type="checkbox"/> NO | Numbness of face, arms or legs? | Constant | In Episodes |
| <input type="checkbox"/> YES <input type="checkbox"/> NO | Weakness in arms or legs? | Constant | In Episodes |
| <input type="checkbox"/> YES <input type="checkbox"/> NO | Confusion or loss of consciousness? | Constant | In Episodes |
| <input type="checkbox"/> YES <input type="checkbox"/> NO | Difficulty in swallowing? | Constant | In Episodes |
| <input type="checkbox"/> YES <input type="checkbox"/> NO | Tingling around the mouth? | Constant | In Episodes |
| <input type="checkbox"/> YES <input type="checkbox"/> NO | Difficulty speaking? | Constant | In Episodes |

V. Do you have any of the following symptoms? Please check the box for either YES or NO and circle the ear involved.

- YES NO Difficulty in hearing? Both Ears Right Ear Left Ear
- YES NO When did this start? _____ Is it getting worse? _____
- YES NO Does the hearing change with your symptoms? If so, how? _____
- YES NO Noise in your ears Both Ears Right Ear Left Ear
- YES NO Describe the noise _____
- YES NO Does the noise change with your symptoms? If so, how? _____
- YES NO Does anything stop the noise or make it better? _____
- YES NO Fullness or stuffiness in your ears? Both Ears Right Ear Left Ear
- YES NO Does this change when you are dizzy? _____
- YES NO Pain in your ears? Both Ears Right Ear Left Ear
- YES NO Discharge from your ears? Both Ears Right Ear Left Ear